



# Maintaining Ethics, Boundaries, and Professionalism in Nursing Practice

Interactive Online Course  
*Preventative and Non-Remedial\**

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Professional Boundaries, Inc. DBA PBI Education is an approved provider by the California Board of Registered Nursing. Provider #CEP 15761.



3 CE Contact Hour Course

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## **\*Note:**

This self-paced, online course is not remedial in nature and not intended to fulfill interventional or remedial course requirements.

## Summary

Based on the premise that all nurses have the potential to commit an ethics or boundary violation, but that all violations are preventable, Maintaining Ethics, Boundaries and Professionalism in Nursing is an interactive, online course for nurses who wish to avoid professional lapses. Participants learn how to reduce their own potential for committing a violation and to recognize red flags in themselves and others. This course culminates with the development of a Personalized Protection Plan© that will assist nurses in upholding the ethical and professional obligations of the nursing profession.

## Course Objectives

Upon completion, participants should be able to:

- Acquire a working understanding of the PBI Formula © in order to reduce their own violation potential for ethical, boundary, and policy transgressions
- Improve ethical decision making
- Develop and implement a Personalized Protection Plan © to safeguard their patients/clients, colleagues, medical facility, profession, and themselves

## Faculty

Faculty for this course are selected by PBI and approved by the California Board of Registered Nursing.

## Pass/Fail Criteria

This is an interactive, self-guided, online course. In order to qualify for the 3 CE credit hours, attendees must fully participate in the various knowledge checks throughout and receive a passing score of 80% on the final exam.

## Content Timeline

### Overview:

- Readings and Interactive Knowledge Checks: 2 hours and 30 minutes
- Mandatory Final Exam: 30 minutes, the minimum passing score required is 80%

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1. Introduction
  2. Pretest
  3. Rise of the Professions
  4. Ethics
    - a. Principle of a Code of Ethics

- b. State Code of Ethics or Professional Conduct
- 5. Professional Ethics, Law, and Professional Boundaries
- 6. Nurse = Professional = Boundaries = Power differential
- 7. Boundary/Ethical Drifts, Crossings, and Violations
- 8. The Spectrum of Violations
  - a. Administrative Violations
  - b. Non-Sexual Crossings and Violations
- 9. The Three Laws of Professional Boundaries
- 10. The Boundary/Ethics Formula Violation Potential
  - a. Risk Factors
  - b. Risk Factor Statements
  - c. Vulnerabilities
  - d. Vulnerability Statements
  - e. Accountability
  - f. Accountability Statements
  - g. Catalysts
  - h. Catalysts Statements
  - i. Cognitive Distortion
- 11. Cold Ethics vs. Hot Ethics
- 12. Violation Potential
- 13. Ethics Protection Plan
  - a. The Stratified Ethics Protection Plan (SEPP)
  - b. My Boundary/Ethics Workbook©
  - c. Pre-Test With Explanations
  - d. Risk Factors With Explanations
  - e. Vulnerabilities with Explanations
  - f. Accountabilities
  - g. Resistance
  - h. Catalysts
  - i. Organizational Protection Plan
  - j. Professional Protection Plan
  - k. Personal Protection Plan
- 14. Overview Risk Factor and Vulnerability Statements Summaries and Plans

## Designation Statement

Provider approved by the California Board of Registered Nursing, Provider #CEP 15761, for 3 CE contact hours.

## Disclosure Policy

Full disclosure of conflicts and conflict resolutions will be made prior to the activity in writing via handout materials, insert, or syllabus.