



PBI Medical Ethics and Professionalism

AN ETHICS PROTECTION, VIOLATION PREVENTION
COURSE

Year-Round Availability

IN JOINT PROVIDERSHIP WITH THE UNIVERSITY OF
CALIFORNIA, IRVINE SCHOOL OF MEDICINE

UCI School of Medicine



22 CME CREDIT HOURS COURSE*

APPROVED FOR AMA PRA CATEGORY 1 CREDITS™

**ME-22 EXTENDED TO 34 CME CREDIT HOURS
EXTENDED INCLUDES THE MAINTENANCE AND ACCOUNTABILITY SEMINARS,
WEEKLY RELAPSE PREVENTION POST-COURSE TELECONFERENCES TO
ELEVATE ACCOUNTABILITY AND MINIMIZE POTENTIAL FOR VIOLATION.*

Produced by
PBI Education, a trade name of Professional Boundaries, Inc.

Faculty for this course is selected by PBI and approved by the University of California, Irvine School of Medicine Office of Continuing Medical Education

Course Objectives

Upon completion, clinicians should be able to:

- Comply with standards of practice and codes of ethics
- Improve clinical decision making by minimizing negative influencers
- Adhere to professional ethics with resultant improvements in professional-patient interaction, which can enhance clinical outcomes
- Reduce potential transgressions through the development of systems that can be implemented into clinical practice
- Become aware of the early warning signs indicative of ethical dilemmas and boundary problems
- Create an ethics-based Formula© and implement a tiered Personalized Protection Plan to maintain ethical integrity

Course Schedule & Outline

**THE COURSE BEGINS AT 8:30 AM AND CONCLUDES AT 5:00 PM.
ALL OTHER TIMES MAY VARY.**

This interactive course is designed to accomplish specific objectives within the designated time frames. Participation in discussions is required throughout. In order to qualify for the CME credit hours, attendees must be present and participating for the full duration of the course. Lunch and break times may vary as needed. Please make arrangements accordingly.

- **PRE-COURSE ASSIGNMENTS**

- 8 hours of pre-course readings and written assignments submitted prior to the course
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LIVE COURSE:

Day One

8:00 AM - 12:00 PM

Introduction

- Outlining goals, objectives and expectations for successful course completion
- Review of pre-course assignments
 - Readings, written assignments, research assignment, The PBI Professional Boundaries & Ethics Self Assessment Tool
- Orientation to the workbook for in-class assignments and group discussions

Practical Ethics and Professionalism

- The relationship between professional boundaries and ethics
- Challenges of staying within the clinical sphere
- Ethical processing and its impact on clinical decision making
 - The slippery slope between appropriate ethical processing and an ethical violation
 - Objective vs. subjective ethical processing / Cold Ethics vs. Hot Ethics
- Utilizing the PBI Formula©: A tool for analyzing a professional's potential to commit an ethical violation

15 Minute Break

Learning From Our Individual Journeys

- Class discussions:
 - Taking accountability for past behaviors and decisions, learning from our misjudgments, and moving forward as professionals
 - Processing ethical drifts, crossings, transgressions, and violations
 - Gaining insight into risk factors, personal vulnerabilities, and resistance levels

NOON - 1:00 PM LUNCH

1:00 PM - 5:00 PM

Learning from Our Individual Journeys (cont.)

15 Minute Break

Understanding the Impact of a Violation

- Introduction to the Four Laws
 - Everyone has a Violation Potential (VP)
 - Perception is 9/10 of the law
 - Protect yourself at all times - maintaining privileges, licensure, and trust
 - The role and mission of your regulatory agency
- Recognizing the impact of potential or perceived harm to patients
- The domino effect of an ethical violation

Day Two

8:30 AM - 12:00 PM

Specific Ethical Considerations

- Billing and record keeping issues
- Chaperones
- Communication issues
- Cultural issues
- Prescribing issues
- Social issues

15 Minute Break

Risk Management - Protecting the Public, the Profession, and Yourself

- Identifying the personal risk factors, vulnerabilities, resistances, and catalysts that elevate violation potential and have a negative influence on ethical processing
- Codependency
 - Risk taking and denial
- The road to recovery and understanding the stages of rehabilitation

The Boundaries and Ethics Self Assessment Tool

- Review of submissions and group discussion
- Identifying specific personal risk factors and vulnerabilities

Noon - 1:00 PM LUNCH

1:00 PM - 5:00 PM

A Roadmap for Preventing Ethical Lapses

- Practical do's and don'ts; recognizing early warning signs of potential problems
- Orientation to the PBI Personalized Protection Plan
 - Guidelines for developing a multi-tiered strategic plan outlining realistic protocols to protect patients, the workplace, and the professional from ethics violations
 - Workbook: Outline your Personalized Protection Plan

15 Minute Break

Final Examination

- Oral presentation of your Personalized Protection Plan
 - Peer review from classmates and faculty

5:00 PM ADJOURN

- - - EXTENDED EDITION - 12 ADDITIONAL CME CREDIT HOURS AVAILABLE - - -

Teleconference Discussion

- Telephonic faculty-led seminars (PBI Maintenance and Accountability Seminars): 12 hours (twelve 1-hour sessions)

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the University of California, Irvine School of Medicine and Professional Boundaries, Inc. The University of California, Irvine School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Designation Statement

The University of California, Irvine School of Medicine designates these live activities for a maximum of 34 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in activity.

Disclosure Policy

It is the policy of the University of California, Irvine School of Medicine and the University of California CME Consortium to ensure balance, independence, objectivity and scientific rigor in all CME activities. Full disclosure of conflicts and conflict resolutions will be made prior to the activity in writing via handout materials, insert, or syllabus.

California Assembly Bill 1195

This activity is in compliance with California Assembly Bill 1195, which requires continuing medical education activities with patient care components to include curriculum in the subjects of cultural and linguistic competency. For specific information regarding Bill 1195 and definitions of cultural and linguistic competency, please visit the CME website at <https://www.meded.uci.edu/cme/>