



## PBI Maintenance and Accountability Seminars

Live Teleconference  
Intensive, Small Group Format

*Remedial and Interventional\**

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In Joint Providership with the University of California, Irvine School of Medicine

**UCI** School of Medicine



12 CME Credit Hours\*  
*Approved for AMA PRA Category 1 Credits™*

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### \*Note:

This post-course program serves as a longitudinal follow-up component to all PBI remedial courses for increased accountability and extended learning. Course faculty review each participant's pre-course assignment submissions, including referral documentation, to personalize instruction and address specific concerns or practice gaps. Clinicians who wish to take the course solely for CME credit are welcome to enroll.

**Prerequisite Requirement:** Successful completion of prior PBI remedial course, or comparable remedial course through another education provider is required to enroll.

## Summary

This course serves as an extended follow-up component to PBI's live remedial courses. It is highly interactive, hosted in a small-group teleconference format, and facilitated by faculty for one-hour weekly in the evening. These group calls focus on implementation of the Personalized Protection Plan, initially created in the live course, into practice. Through continuous real-time faculty feedback, and engagement in a multi-disciplinary community of peer review and support, participants deepen their understanding of the topics learned in their initial course and their potential for relapse is minimized.

## Course Objectives

Upon completion, participants should be able to:

- Broaden perspective by incorporating the elements of the Formula© into their professional and personal worldview
- More fully discern the impact of violations, such as the betrayal of trust, the abuse of professional power, and other damage done
- Deepen insights into personal vulnerabilities and professional risk factors that predispose to violations
- Prevent complacency and resistance from developing by keeping what was learned in full view
- Sharpen sensitivity to the early warning signs of evolving issues in themselves or in a colleague and to develop appropriate action plans to safeguard the patient and the professional
- Modify their Personalized Protection Plan to continue to safeguard themselves and their patients as situations change
- Protect against recidivism caused by professional isolation through the creation of community

## Faculty

Faculty for this course are selected by PBI and approved by the University of California, Irvine School of Medicine Office of Continuing Medical Education.

## Pass/Fail Criteria

This interactive course has specific objectives to accomplish within the designated time frame. Participation in discussions is required throughout. To pass and qualify for the CME credit hours, attendees must be present and participate for the full duration of the course.

Upon conclusion of the course, pass/fail determinations are made on an individual basis, at the discretion of PBI and in accordance with course accreditation standards. Determinations are based on the following:

- Demonstrated understanding of educational content
- Demonstrated ability to achieve the learning objectives
- Compliance with course requirements including submission of course assignments, adherence to participation and engagement standards, and passing the final oral examination at the conclusion of the course (i.e., presentation of a comprehensive Personalized Protection Plan©).

*An additional graded, written final examination can be made available upon request when required by a regulatory agency, board, or college. Requests must be made in writing to PBI Education **prior** to course commencement.*

## Format

Open-ended, facilitator-led, teleconference-based seminar discussions. Hosted on various weekday evenings, please check our website for current cohort times available. 12 one-hour sessions are scheduled per cycle. Multiple cycles can be taken as needed.

## Content Timeline

1. Upon completion of the prerequisite live remedial course, participants will submit their Personalized Protection Plan© for faculty review.
2. Participants will then select their preferred cohort and begin participation in Maintenance and Accountability Seminars one hour weekly for a total of 12 seminars. Cohorts are scheduled on weekday evenings and are subject to availability. This portion of the course takes approximately 12-14 weeks to complete.
3. Additional reading or written assignments may be assigned to participants throughout the cycle as determined necessary by PBI
4. Final Exam – Oral presentation of the updated Personalized Protection Plan©, refined throughout the course, with peer review from classmates and feedback from faculty.
5. Participants receive a completion certificate upon finishing the live course.

## Discussion Topics

- Utilizing peer discussions for identifying professional dilemmas, potential resolutions, and ways to enhance accountability
- Review of each participant's disciplinary issues
- Discussions of gains from previous course
- Verbalization of risk factors, vulnerabilities, resistance and accountability associated with each participant's Formula©
- Implementation of participants' Protection Plans in professional practice, including challenges and obstacles
- Shifting from individual accountability to team accountability
  - Protecting your colleagues or coworkers from potential violations

- Improving organizational policies to reduce risks
- Helping each other: Mentoring of newer participants by existing participants, offering perspective to those in earlier stages of recovery from those in later stages, and expressing supportive feedback and critiques

## Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of California, Irvine School of Medicine and Professional Boundaries, Inc. The University of California, Irvine School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

## Designation Statement

The University of California, Irvine School of Medicine designates these live activities for a maximum of 12 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Disclosure Policy

It is the policy of the University of California, Irvine School of Medicine and the University of California CME Consortium to ensure balance, independence, objectivity and scientific rigor in all CME activities. Full disclosure of conflicts and conflict resolutions will be made prior to the activity in writing via handout materials, insert, or syllabus.

## California Assembly Bill 1195

This activity is in compliance with California Assembly Bill 1195, which requires continuing medical education activities with patient care components to include curriculum in the subjects of cultural and linguistic competency. For specific information regarding Bill 1195 and definitions of cultural and linguistic competency, please visit the CME website at [www.meded.uci.edu/cme](http://www.meded.uci.edu/cme).