



The PBI Complete Professional: Navigating Professional Boundaries in Medicine

Interactive Online Course
*Preventative and Non-Remedial**

In Joint Providership with the University of California, Irvine School of Medicine

UCI School of Medicine



2 CME Credit Hours
Approved for AMA PRA Category 1 Credits™

***Note:**

This self-paced, online course is not remedial in nature and not intended to fulfill interventional or remedial course requirements for those that have failed to maintain professional boundaries.

Please see our three-day [Professional Boundaries and Ethics Course](#) to fulfill remedial and interventional course requirements.

Summary

This preventative risk management course, derived from the three-day [PBI Professional Boundaries and Ethics Course](#), is based on the premises that all clinicians have the potential to commit an ethics or boundary violation, but that all violations are avoidable. Through interactive content, participants learn how to reduce their own potential for committing a violation and to recognize red flags in themselves and others. This course culminates with the development of a Personalized Protection Plan that will assist clinicians in upholding the ethical and professional obligations of their profession.

Course Objectives

Upon completion, participants should be able to:

- Demonstrate appropriate clinical decision making by minimizing negative influences
- Adhere to professional boundaries with resultant improvements in physician-patient interaction, which can improve clinical outcomes
- Become aware of the early warning signs and personal risk factors indicative of ethical dilemmas and boundary problems
- Acquire a working understanding of the Formula© in order to reduce their own violation potential for ethical and policy transgressions
- Understand how to create their own individual Protection Plan to maintain appropriate boundaries

Faculty

Faculty for this course are selected by PBI and approved by the University of California, Irvine School of Medicine Office of Continuing Medical Education.

Pass/Fail Criteria

This is an interactive, self-guided, online course. In order to qualify for the 2 CME credit hours, attendees must fully participate in the various knowledge checks throughout and receive a passing score of 80% on the final exam.

Content Timeline

Overview:

- Readings and Interactive Knowledge Checks: 1 hour and 30 minutes
 - Mandatory Final Exam: 30 minutes, the minimum passing score required is 80%
-

1. Introduction to Professional Boundaries
2. The Four Laws of Professional Boundaries
3. Understanding Professional Boundaries
 - a. The Boundary Sphere
 - b. Defining Boundaries
 - c. The Board's Role
 - d. The Process of Board Discipline
4. How Good Clinicians Get Into Trouble
 - a. The Process Leading to Violation
 - b. Societal, Professional, and Personal Challenges
 - c. Anger and Incivility
5. Protecting Yourself: Part 1
 - a. The Value of Red Flags
 - b. "Inattentional Blindness"
 - c. Basic Steps You Can Take Right Now
 - d. Practical Do's and Don'ts
6. Protecting Yourself: Part 2
 - a. Learning the Elements of the Formula©
7. The Formula©
 - a. Analyzing your Violation Potential
 - b. Creating a Protection Plan (Personal, Professional, Organizational)
8. Conclusion
9. Final Exam

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the University of California, Irvine School of Medicine and Professional Boundaries, Inc. The University of California, Irvine School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Designation Statement

The University of California, Irvine School of Medicine designates these live activities for a maximum of 2 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Policy

It is the policy of the University of California, Irvine School of Medicine and the University of California CME Consortium to ensure balance, independence, objectivity and scientific rigor in all CME activities. Full disclosure of conflicts and conflict resolutions will be made prior to the activity in writing via handout materials, insert, or syllabus.

California Assembly Bill 1195 and 241

This activity is in compliance with California Assembly Bill 1195 and 241, which require CME activities with patient care components to include curriculum in the subjects of cultural and linguistic competency & implicit bias. It is the intent of AB 1195 and AB 241 to encourage physicians and surgeons, CME providers in the State of California, and the Accreditation Council for Continuing Medical Education to meet the cultural and linguistic concerns of a diverse patient population and reduce health disparities through appropriate professional development. Please see the CME website, www.meded.uci.edu/cme, for AB 1195 and AB 241 resources.